

WHY AWAKEN ZEN?

– Licensed Therapists

Brant (LMT) & Trevor (LE) — real credentials, real results.

– Boutique Suite

Suite 10, Mesa — intimate, appointment-only. No waiting rooms. No strangers.

– Named Practitioners

Every service is delivered by one of two experts who know your body.

– Specialty Treatments

Sound bowl, cupping, Ashiatsu, micro-needling, RF, nano-tech and more.

– Membership Perks

Lock in your routine for \$69/mo — one service included, 15% off everything else.

– Gift Cards

From \$10 · awakenzenspa.com

HOURS

Wed – Sun · 8:00 am – 7:00 pm

By appointment only

AZS

AWAKEN ZEN SPA

*Where skilled hands
meet a quieter mind.*

Massage · Esthetics · Mesa, AZ

MONTHLY MEMBERSHIP

\$69/mo

Make restoration a ritual, not a reward.

One 60-min service included monthly
15% off additional services & products

SIGNATURE EXPERIENCES

Let the resonance do the work.

Sound Bowl Therapy

Tibetan bowls layered into massage — vibration that moves through tissue, not just over it.

90–120 min · from \$130

The deepest pressure. The lightest touch.

Ashiatsu Barefoot

Overhead bars. Body weight. Broad, fluid strokes no hand can replicate.

60–120 min · from \$85

Ancient technique. Clinical results.

Restorative Cupping

Fascial decompression — releasing adhesions, improving circulation, softening the places that hold the most.

90–120 min · from \$130

Your skin's renewal, accelerated.

Micro-Needling

90-min collagen induction therapy — Trevor's most results-driven facial treatment.

60 min · \$130 · pkg of 3: \$330

Paraffin wrap. Sugar scrub. Full surrender.

Luxury Spa Experience

A two-hour ritual designed for one thing: complete, unapologetic restoration.

120 min · \$200

BY BRANT, LMT

60 min \$85 · 90 min \$115 · 120 min \$145

RELAXATION

Blissful Slumber	from \$85
Tranquil Dream Therapy – full surrender	
European Royalty	from \$85
Classic Swedish Massage	
Spring Senses	from \$85
Lymphatic Drainage	
Hakuna Hawaii	from \$85
Lomi Lomi Massage	

DEEP TISSUE & THERAPEUTIC

Muscle Mender	from \$85
Injury & Problem-Focused	
Eastern Harmony	from \$85
Shiatsu & Tuina Therapy	
Siam Serenity	from \$85
Classic Thai Massage	
Flex & Flow	from \$85
Assisted Stretching	
Sole Symphony	from \$85
Ashiatsu Barefoot Massage	
Zen Mend	from \$85
Injury & Problem-Focused	

SPECIALTY

Pregnancy Massage	\$115–\$145
Prenatal	
Warm Stone Retreat	\$115–\$175
60/\$115 · 90/\$145 · 120/\$175	
Flowing Sound Bowl	\$130–\$160
90 or 120 min	
Restorative Cupping	\$130–\$160
90 or 120 min	
Radiant Head & Scalp	\$180
70 min focus + 50 min body	
Luxury Spa Experience	\$200
Paraffin Wrap + Sugar Scrub	
Hot & Cold Body Relief	\$130
90 min	
Wood Sculpt Body Bliss	\$130
90 min	

BY TREVOR, LE

Relaxation Facials · \$85

RELAXATION FACIALS

Calm & Clear	\$85
Relaxation	
Derm Renew	\$85
Deep Cleansing	
Hydro Refresh	\$85
Deep Hydration	
Thermal Vitality	\$85
Glow Facial	
Youthful Bliss	\$85
Anti-Aging	
Clear Back Revive	\$85
Back Facial	
Men's Facial	\$85
Results-Driven	
Teen Facial	\$50
Under 18	

TREVOR'S ADVANCED TREATMENTS

MicroDermabrasion	\$95 · Mbr \$8
Dermaplane add-on available	
Dermaplane Treatment	\$100 · Mbr \$8
Derm Renew + Microderm	
Jelly Mask Treatment	\$100 · Mbr \$12
Hydro Refresh + Jelly Mask	
Radio Frequency	\$100 · Mbr \$12
Calm & Clear + Frequency	
Galvanic Frequency	\$100 · Mbr \$12
Thermal Vitality + Galvanic	
Micro-Current	\$100 · Mbr \$12
Anti-Aging + Tens Unit	
Nano-Tech Treatment	\$100 · Mbr \$12
Deep Serum Penetration	
Any Facial + LED	\$115 · Mbr \$20
LED Light Add-On	
Micro-Needling	\$130 · Mbr \$30
60 min · Collagen Induction	

Package of 3 Micro-Needling · \$330

Trevor's treatments are equal parts science and ritual – real, visible results without the clinical coldness.

MONTHLY MEMBERSHIP

Make restoration a ritual,
not a reward.

\$69/mo

One 60-min massage or facial · included monthly

15% off every additional service

15% off all retail products

No contracts · Pause anytime

WAXING & BROW

Brow Shaping	\$15 · Mbr \$12
Lip & Chin	\$15 · Mbr \$12
Cheeks	\$15 · Mbr \$12
Full Face Wax	\$45 · Mbr \$34
Brow Lamination & Tint	\$30 · Mbr \$25

Gift Cards from \$10

awakenzenspa.com · Perfect for any occasion

Two practitioners. Every session, personal.

Not a franchise. A practice.